



- ×××
- × × ×
- . . .
- x x x

Welcome, to Campus Safety

66

"The safety, health, and well-being of the

university community remain among UCT's top priorities. Campus Protection Services (CPS) runs various initiatives and has a dedicated team to ensure the physical safety of all who study and work at the institution. However, safety and security are a collaborative responsibility. As such, safety and security start with YOU. Be responsible, be aware, be vigilant and communicate with the authorities. When we work together, we can enhance safety and security for all."

Cobus van Jaarsveld Director: Risk Services



Cobus van Jaarsveld Director: Risk Services

## Did you know?

### U

The UCT Shuttle offers a scheduled service during the week from 06:30 to 18:00 (direct shuttle from campus to residences) interchange). After hours, it runs a service to and from the residences approximately every half hour (Monday to Friday from 18:30, with the last buses leaving campus from 23:15 to 00:20). There is also a weekend shuttle service from 07:20 to 20:40 on selected routes. When the UCT Shuttle stops running at night, CPS officers will escort staff and students on foot to their residences if requested. Keep in mind that there may be delays in this service if CPS officers are attentioning to other issues.



UCI

× × ×

× × >

UCT Disability service

If you have a disability and need help getting around campus safely, contact the Disability Service unit on 021 650 5088 or disabilityservice@uct.ac.za or lesego.module@uct.ac.za. students\_uct.ac.za/students/support/disability-service

## Your safety

## CALL 080 650 2222

Your safety matters. Protect yourself and those around you by familiarising yourself with the safety and wellness services at UCT and asking for help when you need it.

### Campus Protection Services

At any one time, 80 Campus Protection officers are on duty and can help you, no matter where you are on campus. Officers operate on foot or patrol vehicles around the clock. They are also trained to deal with the practical and legal aspects of any situation that may arise. CPS monitors over 300 cameras on campus at all times and runs seven mobile kiooks and seven permanent security centres at strategic points. CPS offices can be found at:

- 1 Burnage House (adjacent to Leo Marquard Hall) 021 650 2222/3
- 2 Upper campus (Robert Leslie Social Sciences Building) 021 650 2121
- 3 Middle campus (Kramer Building) 021 650 5759 / 021 650 3022
- 4 Medical campus (Barnard Fuller Building) 021 406 6690 / 021 406 6100
- 5 Forest Hill residence (Main Road, Mowbray) 021 650 3856
- 6 Hiddingh campus (Orange Street, Cape Town) 021 406 7101
- 7 Obz Square (Main Road, Observatory) 021 650 7602

## Safety tips



### On campus

Approach a security officer at any time; they are there to help. Close access doors behind you. If you need to step away from your bag or backpack briefly, ask a friend or someone you trust to look after it or, better still, take it with you. Keep a record of serial numbers of valuable items, such as your laptop, in case of theft. Use the blue foot route (this is close to emergency phones and surveillance) whenever possible.

### In residencies

Check that your doors and windows are locked when you leave your room. Keep your keys safe. Don't hide them in obvious places (like under the doormat) and don't put your address on your keyring. Take your valuables home during the holidays.



# ((2))

### Out and about

Walk with friends, especially if you're out at night or walking on the mountain or in a secluded area. Save emergency numbers on your phone. Take only as much cash as you need and keep your wallet somewhere safe and out of view (not in your back pocket). Keep your cell phone out of sight.

### In fire emergencies

Raise the alarm and call CPS on 080 650 2222. If you're staying in residence, inform the warden. Follow the building evacuation procedure. Contain the fire if you can do so without endangering yourself. If not, rather wait for a CPS officer to arrive.





### In medical emergencies

Call CPS on 080 650 2222 If you don't have first aid training, rather wait for a CPS officer to arrive. If you are staying in residence, get in touch with the warden and a health and safety representative.

## Your wellness

## CALL 021 650 1017/1020

Taking care of your health and well-being is an important part of taking care of yourself and your safety. Here's how UCT can help.



## Some of the available services

- Appointments to see either a doctor or a nurse they
  can also help with minor surgical procedures. (Arrive 10
  minutes early for appointments for registration purpose.)
- Support for chronic conditions like asthma, diabetes and tuberculosis
- HIV testing and counselling, medication for STIs, and basic contraceptives – available free of charge
- Psychological services to help with anxiety, depression and emotional distress, or relationship and sexuality issues – referrals will be made if you need more specialised support
- Free screening and advice at the clinic on upper campus –
  vou can see a nurse on a walk-in basis
- · Medication is sold at cost price no dispensing fees apply

## **UCT Student Careline**

UCT, together with the South African Depression and Anxiety Group (SADAG), offers 24/7 telephonic counselling, advice, referral facilities and general support to students facing any mental health challenges or contemplating suicide. The line is also available to offer support and advice to anyone who is concerned about a student who might be in distress. Contact the UCT Student Careline on 0800 24 25 26 (free from Telkom lines). You can also sms 31393 for a callback.

## Student Wellness Service

The Student Wellness Service offers a comprehensive primary healthcare service through which any student can make an appointment to see a nurse, doctor, psychologist or social worker.



## Where x x

In the Ivan Toms Building at 28 Rhodes Ave, Mowbray. There is also a clinic on upper campus on Level 6 of the Steve Biko Students' Union building.

## \//hen

Mondays to Fridays from 08:30 to 16:30 (last booking at 16:00).



- x x × × X X
- × x x
- x x ×
- × X X



## What to bring

Please take your student card as well as any other supporting documentation you might need (like proof of your financial aid status). If you are on a Student Wellness waiting list or are waiting for an appointment and need support, contact the UCT Student Careline.

## Important numbers (cut out and keep)

CPS 24-hour toll-free hotline 080 650 2222

(Students and staff can contact this number even if they have no airtime on their phones).

Flying squad 10111 Rondebosch 021 685 6600/01 Mowbray 021 680 9580 Woodstock 021 442 3117/21 Cape Town Central 021 467 8000/1/2

Mountain 021 948 9900 Sea 021 449 3500

UCT Student Careline

0800 24 25 26

(free from Telkom lines)

SMS (for a callback) 31393

Disability Service

021 650 2427

Student Wellness Service

021 650 1017/1020

Rape Crisis hotline

021 447 9762

Survivor Support (OIC)

072 393 7824 24-hour hotline

### Cape Town emergency hotlines

From a Telkom landline

From a cell phone

021 480 7700