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2018

Primary Health Care

Health for All

PHC@40 – Cross-disciplinary Lunch-time Seminars, Film and Workshop Series

All Welcome! – Most venues are at UCT’s Anzio Rd Campus

Subject to Change – please check Facebook\PHC40 for updates & recordings. Turn over for activities between 22 Aug & 14 Sept 2018

For more information please contact: Ms Elloise Kennell – elloise.kennell@uct.ac.za / 021 406 6761

Date/Venue	Presenter	Title	Topic	CPD
20 – 24 August We're in this together! – Building partnerships				
Mon 20 Aug 1-2pm Frances Ames	Aadielah Maker Diedericks	Confronting mixed messages Southern African Alcohol Policy Alliance	Addressing the problem of heavy alcohol industry advertising in South African sports by galvanizing support for a ban on marketing alcohol through sport, while identifying alternative sources of funding for sport.	CPD
Tues 21 Aug 1-2pm Aadil Morat	Dr Natasha Muna & Dr Rachel Weiss	The Patient Partner Programme	An innovative capacity development collaboration between staff, students, and patients, to develop, implement and assess a communications curriculum for Health Science students that is contextually relevant and socially responsive.	CPD
Tues 21 Aug Valkenberg Hospital's auditorium	Prof Katherine Sorsdahl, Bronwyn Meyers & Dr Tracey Naledi	"Project MIND"	Project MIND is a collaborative research study between the MRC, UCT and WCDoH to develop and test two collaborative care models for mental health and chronic disease care. A description of a cluster, randomized-control-trial at 24 sites looking at models of care for integrating mental health into chronic disease services	CPD
Wed 22 Aug 1-2 pm PG 2	Dr Charlyn Goliath	Community Orientated Health Care	Community Orientated Health Care in the Western Cape– where are we now, and where are we going?	CPD
Thurs 23 Aug 1- 2pm PG 2	Tembeka Mzozoyana & Patti Silbert	Dynamic shifts in youth wellbeing	A School based Wellness Centre in Khayelitsha that promotes and facilitates the wellbeing of school going youth, teachers and parents. UCT Schools Development Unit	CPD
Fri 24 Aug 1-2pm Dumo Baqwa	Dr Hermann Reuter & Luvo Mbobo	Action Against Un- procedurally Licensed Taverns	What role is there for the Department of Health, health institutions, health care workers and our service users? Community members of George, organised as SAHARA , are building partnerships around alcohol harms reduction	CPD
27 – 29 August It's more than medicine – Providing complete care				
Mon 27 Aug 1-2pm Frances Ames	Dr Cathi Draper	Movement and learning in preschool children: an early start to building <i>Health for All?</i>	Spanning exercise science, public health, psychology, & education, to understand the links between physical activity, gross motor development, sleep, & cognitive outcomes, including executive function, self-regulation & school readiness; & how these relationships can inform interventions to promote health and well-being.	CPD
Tues 28 Aug 1-2pm Aadil Moerat	Morgan Voges Kristen Abrahams Pam Gretschel	Partnering for community development: Shifting health practices in primary schools.	Shifting practices in Khayelitsha schools to build interdisciplinary collaboration with the FHS through the Schools Improvement Initiative.	CPD
Tues 28 Aug Valkenberg	Dr. Jason Bantjes	"Our Lifestyle is a mix- match"	Traditional healers talking about suicide and social prevention in South Africa.	CPD
Tues 28 Aug Wolfson LT	Film – PHC@40	Bending the Arc http://bendingthearcfilm.com	Bending the Arc is the story of Paul Farmer, Jim Yong Kim, Ophelia Dahl, and their development of a revolutionary model of training communities to care for themselves, and treating all people with world-class medicine.	
Wed 29 Aug 1-2pm Frances Ames	Sr Jane Booth & Dr Marco Zampoli	Tracheostomy and ventilation home care using the primary health care approach.	Complicated procedures made simple, emphasizes collaboration with the family rather than control, focusing on the families' strengths and resources rather than on their deficits.	CPD
Thurs 30 Aug 1-2pm PG 2	Dr Judith McKenzie	When human rights are not enough: social inclusion people with intellectual disability	The disability rights movement has placed disability as a human rights and social justice issue within primary health care provision. But is the claim to rights enough to ensure competent care for people with intellectual disabilities.	CPD
Fri 31 Aug 1-2pm	TBA			
1 – 7 September Includes You! – Caring for yourself too!				
Mon 3 Sept 1-2pm Frances Ames	Marietha De Wet	Workplace Bullying – The naked truth.	It is tremendously traumatic, what has happened to me. It is my whole life, my whole career that these guys were able to throw out". This behaviour destroys the self-image of a person in so that a competent person begins to question.	Ethics CPD
Tues 4 Sept 1-2pm Wolfson	Dr Liana Roodt Project Flamingo	Bridging the treatment gap for cancer patients in the public health care sector.	Current resources are not adequate to deal effectively and timely with the increased patient load and treatment demands of cancer. The creation of NPC Project Flamingo illustrates how these challenges can be met creatively.	CPD
Wed 5 Sept 1-2pm Frances Ames	Prof Lynn Denny	Resilience: What does it mean for health care professionals and systems?	Resilience is one of the tools we can use to avoid burnout, substance abuse, poor performance and general unhappiness in the work environment. Self-reflection on 'what ails us' is one critical component of this journey.	CPD

The schedule on 8/8/3018



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1 – 7 September *Includes You!* – Caring for yourself too!

Wed 5 Sep 5- 6.30pm Frances Ames	Prof Steve Reid	The experience of internship and community service in South Africa – developing resilience for the public health service	The public health service can be challenging, but it is possible to develop resilience: or get “fit” for work. Positive adaptations are not only the responsibility of the individual but also of the system, so advocacy for better patient experiences and better working conditions for health workers are part of this process.	CPD
Thurs 6 Sept 1-2 pm Dumo Baqwa	Dr Simone Honikman	The Perinatal Mental Health Project 15 years on:	From service pilot to research to policy and implementation at scale – integrating mental health in to routine maternal health platforms.	CPD
Thurs 6 Sept 4pm GSH LT	Prof David Sanders	What does Primary Health Care have to do with Internal Medicine?	Grand Rounds Medicine	CPD

10 – 19 September *It's for everyone* -- Universal access to health care

Mon 10 Sept 1-2pm Aadiel Moerat	Prof Theresa Lorenzo & Sumaya Gabriels	Disability practitioners as community brokers	Disability presents a litmus test for inclusion. We will examine how PHC includes issues of disability and rehabilitation and then fast forward to the idea behind the SDGs that no-one be left behind.	Ethics CPD
Mon 17 Sept 1-2pm GSH LT1	People's Health Movement	NHI: Opportunity or Threat to Quality Healthcare for All?	The People's Health Movement hosts Prof Mark Sonderup (SAMA V-C) and Dr Lydia Cairncross to discuss the NHI	Ethics CPD

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