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## Courses to unleash the artist in you – UCT Summer School 2022

The University of Cape Town (UCT) [Summer School 2022](#) offers a range of short courses for budding artists or poets. These courses require no prior experience but do have limited spaces so booking is essential.

**Think of a poem: an approach to writing poetry** – presented by poet and novelist Dr Finuala Dowling

This online course presents five ways of practising the art of writing poetry. Each day participants will be introduced to a new approach and will be given an opportunity to practise it in guided exercises. Suitable for both beginner and intermediate poets, the course comes with a study guide and is illustrated with examples of beautiful poems employing the five approaches under discussion.

**Details:** Monday, 17 – Friday, 21 January; 10:00–12:00; Online

### Session titles

1. Think of a poem as a list
2. Think of a poem as a matter of urgency
3. Think of a poem as what happens when ...
4. Think of the title of your poem as your guide
5. Think of a poem as a question and answer

This course will be offered on Zoom. The link will be provided upon registration. Attend [online](#).

**From loneliness to illumination: a course in writing** – presented by poet and novelist Dr Finuala Dowling

This online course aims to confirm or reveal participants' unique writing talents and to make writing a less lonely experience. Drawing on examples from a range of inspiring sources, it provides insights into the stages of the creative process. Participants will receive a study guide which will help them to produce poetry, memoir, and fiction. Participants should read the first short chapter of the study guide and attempt the exercises before the first session.

**Details:** Monday, 10 – Friday, 14 January; 10:00–12:00; Online

### **Session titles**

1. Writing life and writing self
2. Curiosity and preparation
3. Surroundings, routine, difficulty
4. Incubation and flow
5. Illumination and verification

This course will be offered on Zoom. The link will be provided upon registration. Attend [online](#).

**Life (changing) writing: why your story matters and how understanding it can unleash your creative potential** – presented by writer and workshop facilitator Sally Cranswick

Over a series of five two-hour online workshops, we will discuss how the power of a purposeful daily writing practice will boost your creativity like a magic wand in slow motion. Together we will look at written texts, work through writing prompts and engage with our own life stories.

**Details:** Monday, 17 – Friday, 21 January; 10:00–12:00; Online

### **Session titles**

1. Clear the way I'm going to write
2. Great creators write
3. Protagonists and antagonists
4. Don't show me the money
5. The magic wand moment

This course will be offered on Zoom. The link will be provided upon registration. Attend [online](#). Consult the [Summer School brochure for recommended readings](#).

### **General enquiries**

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***ENDS***

***Issued by: UCT Communication and Marketing Department***

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