



Communication and Marketing Department
 Isebe loThungelwano neNtengiso
 Kommunikasie en Bemarkingsdepartement

Private Bag X3, Rondebosch 7701, South Africa
 Welgelegen House, Chapel Road Extension, Rosebank, Cape Town
 Tel: +27 (0) 21 650 5427/5428/5674/4846 Fax: +27 (0) 21 650 3780

www.uct.ac.za

30 September 2014

Upcoming UCT event on happiness and well-being

- **Brain and behaviour:** Symposium on perspectives from low- to middle-income and African countries, on the nature, structure and interrelation of happiness and well-being.

Date	Event/Topic	Highlights/Speakers	Contact
<p>7 October</p> <p>Time: 09h30–15h00</p> <p>Venue: Valkenberg Hospital, Education Centre, Auditorium</p>	<p>Happiness and well-being: Interdisciplinary perspectives</p>	<p>Research on the nature, structure and interrelation of happiness and well-being originates almost entirely from high-income countries, therefore it over-represents white educated industrialised rich and developed (WEIRD) individuals.</p> <p>The symposium, organised by the University of Cape Town’s Philosophy Department, will offer views that consider issues such as resilience, social capital, and the range of perspectives on the nature of well-being.</p> <p>Academics from UCT and other institutions will discuss topics such as:</p> <ul style="list-style-type: none"> • Living well by Ubuntu: a defence relative to Western conceptions of well-being – by Professor Thaddeus Metz, University of Johannesburg • A four-part drug to secure happiness and well-being: the Epicurean <i>tetrapharmakos</i> – by Professor Clive Chandler, UCT • The medicalisation of happiness – Dr Kerry Louw, UCT • Happiness and virtue theory – Dr Tom Angier, UCT <p>At 15h30, University of Johannesburg’s Professor Thaddeus Metz will launch his book: “Meaning</p>	<p>Mologadi Makwela Tel: 021 650 5427 Cell: 078 258 3965 Email: loga.makwela@uct.ac.za</p>

in Life”.

ENDS

Issued by: UCT Communication and Marketing Department

Mologadi Makwela

Media Liaison Officer

Communication and Marketing Department

University of Cape Town, South Africa

Tel: (021) 650 5427

Cell: (078) 258 3965

E-mail: loga.makwela@uct.ac.za

Website: www.uct.ac.za