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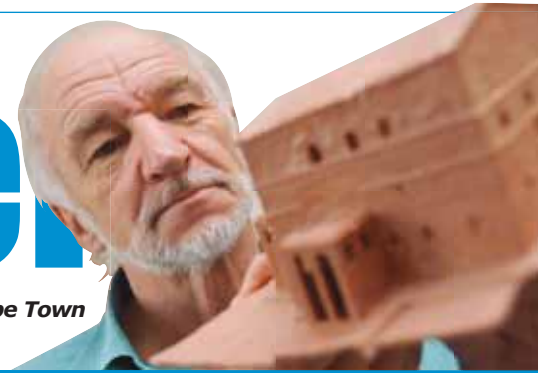


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# Monday Paper

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## UCT spearheads anti-crime measures in suburbs

Even before Pakiso Moqobane was killed, UCT had kick-started efforts to cut back on crime in the university's surrounding neighbourhoods. But the shooting of the first-year medical student just outside the medical campus has added new momentum to its efforts.

Even mayor Dan Plato has expressed his support for UCT initiatives



Two heads: Mayor Dan Plato (left) and Dr Max Price conferred on common security issues last week, meeting at the spot where student Pakiso Moqobane was killed recently. (Listen to the VC's address at the memorial march at <http://www.uct.ac.za/news/multimedia/sand>)

It would be foolhardy to assume that UCT is crime-free, but when weighed against neighbouring business and residential areas, the university's campuses are, relatively speaking, safe havens.

But as the killing of first-year medical student Pakiso Moqobane and other recent incidents have shown, having a safe campus does not guarantee staff and students' off-campus safety, as they pass through, live, shop or just hang out in these often high-crime areas. And as crime – particularly violent crime – is one of the issues that vice-chancellor Dr Max Price has, even in his installation address, argued that UCT should address, the university has been making forays into its surrounding suburbs.

For instance, UCT has regular meetings with station commanders from the three nearby South African Police Service stations – Mowbray, Rondebosch and Woodstock (the latter covers the Observatory area). At these meetings, the organisations share information, compare statistics and identify common issues.

In fact, this collaboration recently led to the break-up of a car-theft syndicate that had been targeting Toyota Tazzes, reports Roland September, who takes over from risk services manager John Tunstall when he retires at the end of 2009.

"This is a very good, very strong

relationship," says September.

In addition, UCT has spearheaded an upcoming application to have the Rondebosch/Mowbray business areas declared Special Rating Areas (SRA), similar to the commercial City Improvement Districts (CID). Among other things this would allow for 24/7 patrols by private security companies.

Under the SRA agreement, the city charges businesses a special levy for this service. In the case of the Rondebosch/Mowbray residential areas, however, UCT has agreed to foot the bill for the first year of operations.

"This is a way to get our foot in the door to upgrade security in the area," said Tunstall.

Similarly, UCT has supported the application by Observatory, another student stomping ground, to be declared a CID.

At home, UCT has hardly been treading water. Over the past two years, the university has spent close to R3 750 000 to upgrade its existing closed-circuit television cameras. In addition, it's installed Pan Tilt Zoom cameras, which are standard at all the university's new developments, at a number of locations around its campuses.

Two such cameras are being installed along Falmouth Road at the back of the medical campus, in the vicinity where Moqobane was shot.

Such has been UCT's outcry at the murder that Mayor Dan Plato of the City of Cape Town called for a special meeting with Price early last week. The two met on the street where Moqobane had been killed, within earshot of the spot where another student was hijacked recently.

Price explained that the university had extensive security systems in place, but needed the City's help.

"The problem is that we can't be on every street 100% of the time," said Price.

The mayor, in turn, promised that the city would look into what it could do to assist.

"The reason for my visit is to see how best the City could complement the measures taken by the university, to bring some comfort to the minds of students," said Plato. "This is one student death too many."

Speaking on UCT Radio early last week, September reiterated the messages that Campus Protection Services have put out regularly to students – if you're going to walk around at night, do so in groups; don't advertise your bling (expensive cellphones and iPods are sought-after gadgets); and use the Jammie Shuttles, which run from 06h00 to 01h00 and do regular residence loops at night. And, above all, be alert and be careful.

(M.Morris@uct.ac.za)

## Jammie Shuttles in for a facelift?

Amber Caplan, a second-year new media student at UCT's Michaelis School of Fine Art, came up with the winning design in a competition that may be set to change the faces – and bodies – of the university's Jammie Shuttle buses.

As part of their Adobe Illustrator course, 15 fine art students were given a template of the blue Jammie Shuttle designs, and asked to create a new

look for the buses, with the possibility of seeing their creation being implemented.

According to their brief, students were instructed "to produce an exterior design for the Jammie Shuttle that reflects UCT's brand appropriately, and in an innovative way, to reflect UCT's geographical position in South Africa".

Students were also asked to reflect the vice-chancellor's proposed core

strategic focus areas, namely promoting UCT as an Afropolitan university with a greater impact and engagement in research; enhancing UCT's social responsiveness to developmental challenges; and dedication to transformation towards non-racialism, inclusiveness and an African voice at the university.

"There was also a suggestion to emphasise the 2010 World Cup," says

senior lecturer Johann van der Schijff. "But we preferred to take a longer-term view for the designs the students need to come up with, since the 2010 branding on its own has a relatively short shelf life."

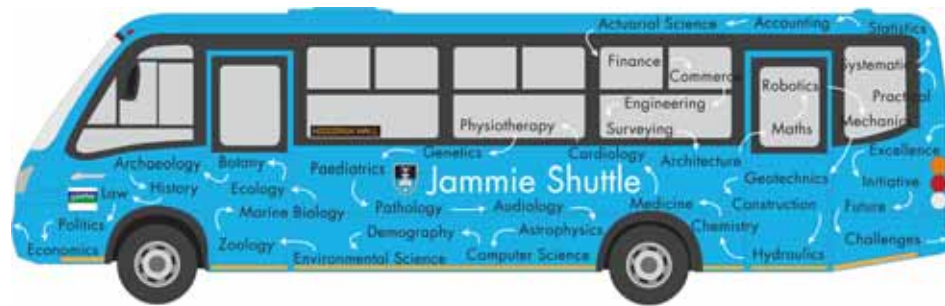
Students were more than prepared for the task.

Says Van der Schijff: "Since they are also users of the Jammie Shuttle, it was interesting to note how some of

the problems experienced in using the service are seen as design problems; for example, the signage in the front window displaying bus routes. Some of the ideas put forward addressed these issues."

The brief called for designs that were practical in execution and conformed to the technical requirements of bus branding.

(Chris.McEvoy@uct.ac.za)



Winning design: New media students competed to create a new design for the Jammie Shuttle.

# Ntusi takes prestigious Nuffield Oxford Medical Fellowship

Dr Ntobeko Ntusi, a final-year medical registrar in the Department of Medicine, has won the prestigious Nuffield Oxford Medical Fellowship.

On par with the Rhodes Scholarship as an esteemed route to Oxford University, the Nuffield scholarship was set up by Lord Nuffield, who made his fortune in producing Morris cars, to benefit medical students in the UK's former 'dominion' states. Today, countries that benefit from the award include Australia, New Zealand and South Africa.

Ntusi will use his three years at Oxford University to continue his research on magnetic resonance imaging, a method used to examine inflammation in the heart. When he has finished, he plans to return to South Africa to continue his career in academic medicine.



The Nuffield scholarship continues to play a role in South Africa by giving students the opportunity to study at Oxford, says head of the Department of Medicine, Prof Mayosi Bongani, who won the award himself in 1997.

"You could say it's the Rhodes Scholarship for old people, as academics of any age can apply," he quips.

"I'm quite honoured to be named for this scholarship, as well as excited," says Ntusi. "It's a novel project to be working on, so I'm looking forward to 2010."

Oxford University was ranked fourth in the world in the 2008 Times Higher Education Supplement's rankings, and in June 2008, the annual Times Good University Guide named Oxford Britain's top university for the seventh year running.

(Chris.McEvoy@uct.ac.za)



Baxter buddies: (Back) Johnnie Copeland, HCI Foundation chairperson; with (front row, from left) Rhoda Kadalie, Baxter deputy chairperson; Dixie Strong, Baxter chairperson; Nic Cronje, Golden Arrow CEO; and Virginia Engel, HCI Foundation CEO, at the launch of the Baxter sponsorship.

# Baxter supporter wins Business Day accolade

The HCI Foundation, sponsors of the Baxter Theatre Centre's 172-seater venue, received the Sponsorship in Kind Award at the 12th annual Business Day Business and Arts South Africa (BASA) Awards, held in Johannesburg recently.

In April this year, the HCI Foundation, through subsidiary company Golden Arrow Bus Services, became the new Naming Rights sponsor of the Baxter's popular and intimate 172-seater venue on the upper level of the complex. The revamped theatre is now called the Baxter Golden Arrow Studio.

"Having the studio in the Baxter Theatre Centre named after Golden Arrow Bus Services is a further

commitment to the existing close association we already have with the theatre," said Golden Arrow CEO Nick Cronje at the launch of the sponsorship.

Golden Arrow's association with the Baxter Theatre Centre stretches back two decades. Through the company's provision of free transport for the Baxter's audience development programme, over 5 000 teenagers and young kids from all over the Western Cape and the Cape Flats attend shows at the centre each year.

The BASA awards, regarded as the country's most prestigious arts, culture and business awards, honoured 14 business and arts partnerships. **MP**

# Mendelson is the new president of infectious disease federation

Not only has he been recently promoted to associate professor, but Marc Mendelson of UCT's Institute of Infectious Disease and Molecular Medicine has also been elected president of the influential Federation of Infectious Disease Societies of South Africa (FIDSSA).

As an umbrella organisation for a number of societies and associations dealing with infectious diseases, the FIDSSA claims a membership of just under 1500 healthcare and related workers, and is aimed at facilitating interaction between them to contribute to a more integrated approach towards infectious diseases in Southern Africa. FIDSSA's responsibilities include guiding appropriate treatment of infectious diseases by publishing guidelines which include infection control practices.

"Infectious diseases are the leading cause of death in South Africa, and this field of speciality is still relatively young, so I'm looking forward to pushing the agenda with colleagues from all areas of study," says Mendelson.

Mendelson is also the founder and head of UCT's new Division of Infectious Diseases and HIV Medicine, one of the first tertiary level divisions of infectious diseases in South Africa.

"He is truly a social entrepreneur," says head of the Department of Medicine, Prof Mayosi Bongani. "He built the new division from nothing, with no funding. His election as president of FIDSSA is an indication of his reputation as a pioneer and a visionary in his field."

(Chris.McEvoy@uct.ac.za)



# Former Canadian prime minister calls for global outlook



Canada's small, intense role in the South African struggle for liberation was as important to Canada's sense of accomplishment as it was to South Africa.

"We demonstrated that Canada, though not a major power, could have an impact on events."

So said former Canadian Prime

Minister Joe Clarke, who visited UCT's Centre for Conflict Resolution to deliver his presentation, *Canada as a Middle Power: What lessons for South Africa?*

Despite this title, Clarke was quick to point out that he was not here to give lessons to South Africa, but to speak of "parallels between the

internal nature and the international capacities" of the two countries.

Clarke noted that like Canada, once dubbed 'the first international country', South Africa has the opportunity to be an asset to its neighbours.

"I argue that successful domestic policy requires addressing critical questions that arise beyond our borders, and which have real effects on lives and futures at home," he said.

Citing South Africa's economic, cultural and social diversity, Clarke said, "You are, by your nature, a bridge between the developed and developing worlds."

"The basic challenge now is to have our major international institutions reflect the world and not just the West. This will require the experience in bridging differences to which both South Africa and Canada lay claim.

"We could be quite an effective team."

(Chris.McEvoy@uct.ac.za)

# From plasma to Platter

Head of the Division of Emergency Medicine at UCT and Stellenbosch Universities, and head of emergency medicine for the Provincial Government of the Western Cape, Professor Lee Wallis is an expert in more than only his field. He has just picked up a five-star award for winemaking in the new *John Platter South African Wine Guide 2009*, for the Dunstone Shiraz 2008.

**Winemaking and medicine is an interesting combination. How did you come to be on these two paths?**

My wife Abbi and I moved to Cape Town from the UK in 2002, and fell in love with the country. We set up a guest house on our farm in Wellington, planted some vines for 'fun', then thought we might as well build a winery. No master plan, really.

**Do you feel that they are related?**

Not at all! Emergency medicine attracts people with no attention span, who want adrenaline and rushing around. Winemaking requires time and patience. I have had to become somewhat split in my personality!

**How do you find time to be a winemaker?**

I have a very understanding wife!

**What is your approach to winemaking?**

For fermentation, we follow a standard but old method. It involves punching through the cap of grape skins every four hours for about two weeks. It's very hard work to do by hand, but the results are great.



Day job: Prof Lee Wallis has earned a five-star award in the new *John Platter South African Wine Guide 2009*

**What's the medicine/winemaking division of time?**

The medicine is obviously full-time, so the farming and winemaking is a challenge. Nights and weekends are my main time for this, but over February and March we have to do something to the wine every four hours, so it can be a bit of a challenge!

**Any special goals in your sights for the future?**

Tough question... try to get more balance between work and pleasure, now that Abbi and I have a 10-month-old son (Francis), to go with our ridgeback, called Merlot, and a weimaraner, who is the logo for the winning wine label. Her name is Shiraz.

(Chris.McEvoy@uct.ac.za)

# All-rounder Ryall takes top student leader laurels

Students' Representative Council president, debating champion, and branch leader of the Democratic Alliance Students' Organisation Chris Ryall took the top honour, the Vice-Chancellor's Award, at the Student Leadership Awards function on 6 October.

Ryall is also on the Dean's Merit list, a member of the University Council, the University Senate, the University Student Affairs Committee and the University Finance Committee.

The Deputy Vice-Chancellor Student Affairs Student Leader Award went to SRC secretary-general Portia Gama, whose track record also includes positions on the Tugwell House Committee, the Engineering and the Built Environment Student Faculty Council and the Students for Life Society.

The Executive Director: Depart-



Leading the way: SRC president Chris Ryall (right) is the winner of the Vice-Chancellor's Award, presented by Dr Max Price.

ment of Student Affairs Student Leader Award was shared by Thandi Gondwana de Wit and Sara Reith. De Wit is president of SHAWCO Health

for 2009 and, as vice-president in 2008, led SHAWCO Health's response to the xenophobic crises, implemented the first health and

rehabilitation, and sign language interpretation services, for SHAWCO clinics and partnerships for HIV testing.

Reith, a member of the Golden Key Honour Society and the UCT Emerging Student Leaders Programme, initiated a five-cent coin collection drive in support of community outreach, launched a Leave Your Legacy Campaign and played a key role in the student housing and residence life admissions policy review process.

The following awards were also presented on the night:

Most Outstanding Student Leader in an Undergraduate Student Faculty Council Award: Lusanda Gwayi

Most Outstanding Student Leader in a Postgraduate Student Faculty Council Award: Michael Stead

Most Outstanding Student Leader in Sport: Angus Morrison

The Most Outstanding Student Leader in Community Service Award: Joanne Beckwith and Sheree Lang

Most Outstanding Student Leader in a Residence Award: Khanya-Khanyiso Gwaza

Most Outstanding Student Leader in Media Award: Seamus Duggan

Most Outstanding Student Leader in a Society or Student Organisation Award: Wandile Mamba and David Favara

Kerry Capstick-Dale Memorial Scholarship: Christopher Ryall and Sara Reith

UCT Pick 'n Pay Team of the Year: The UCT Green Campus Initiative

(To view the photo album of the recipients please go to [http://www.uct.ac.za/news/multimedia/photo\\_albums/](http://www.uct.ac.za/news/multimedia/photo_albums/))

(Chris.McEvoy@uct.ac.za)

## Vocational element links long servers' careers



Stalwarts: Among those honoured at the Long Service Awards dinner were these members of the libraries team (from left) Warren Hansen, Jean Risien, Kashiefa Shade, Russel Williams, Linda Krawitz, Antoinette Davy, and Janine Dunlop.

Vice-chancellor Dr Max Price compared the careers of long-service award recipients to a religious vocation.

"Your work at UCT goes far beyond just being a job," he said at the presentation function on 1 October. "There is a vocational element to it, a calling on your life as powerful as any religious vocation."

Price handed awards to UCT stalwarts for 15, 25 and 35 years of service. Attending the event to

receive their 35-year service awards were:

Hugh Amoore, who began serving UCT in his student days, as a Students' Representative Council member, and rose to the position of Registrar (see interview on pg 4);

Charles Fortune, known to his friends as Mr Matambo, who started his UCT career at age 21 in the plumbing workshop, and is a handyman with a number of duties;

Cassiem Kahn, who joined UCT

as a plumbing assistant, and continues to serve in the maintenance purchasing department;

Linda Krawitz, who joined UCT Libraries for a "break" after her travels, and stayed on. She worked in the Law Library for 20 years, and now serves in the acquisitions department;

Antonia Markus, who has expanded her area of expertise during her time as a cleaner/messenger in the anaesthetic laboratory. She now assists with chemical analysis and has become an experienced laboratory assistant;

Henry van Rensburg, who couldn't read or write when he first joined UCT in 1970. He is now an assistant supervisor in the post room;

Terence Willis, who was 16 when he began his career at UCT. He has worked in all three divisions of the Animal Unit.

(Also honoured with 35-year long-service awards were Ramela Bhaga, Ernest Stout and Clive van Graan, who could not attend the ceremony.)

(To view the photo album of the recipients please go to [http://www.uct.ac.za/news/multimedia/photo\\_albums/](http://www.uct.ac.za/news/multimedia/photo_albums/))

(Chris.McEvoy@uct.ac.za)

## Mellon mentorship programme pays dividends

UCT has seen a growing number of research papers published in journals and a massive transfer of skills and capacity, – thanks to the Mellon Visiting and Retired Scholars Mentorship Project.

The number of published papers between July 2008 and June 2009 has been five-fold compared to the previous year, and numerous papers have been presented at national and international conferences. That has resulted in a number of successful grant applications.

"We are confident that the combined effects of the full duration of the project will bear benefits to the university for some time to come," said Dr Marilet Sienaert, director of the Research Office, where the project is co-ordinated.

She said that since 2007, when the project was established, 120 senior postgraduate students and young researchers had been mentored by 21 top international researchers (retired or on sabbatical).

"This wide-spread source of expertise brings with it a diversity of

perspectives – whether academically, professionally or culturally – that enhance the capacity of the mentees."

The project aims to strengthen the next generation of researchers through a process of discipline-specific mentoring, while simultaneously establishing a culture of mentorship.

Dr Stuart Saunders, special advisor for the Mellon Foundation South African programme, said the initiative was new in the country, and that it had produced "outstanding results".

He said it arose from an awareness that most active researchers were white males over 50 years old, and that, unless something active is done, in 10 years time none of them would be around.

Dr Don Randel, president of the Mellon Foundation in the US, said the foundation was concerned with the development of faculty in America, and were happy that the same goals were being pursued in South Africa.

"Nothing succeeds like having senior academics working with young people, sharing information.

(Myolisi.gophe@uct.ac.za)

## Oral history programme helps pupils bridge divide

The Centre for Popular Memory's Bridging the Digital Divide programme at Western Cape high schools bore fruit when two learners won top prizes at a national competition.

Fairouz West, a Grade 11 learner at the Muizenberg High School, scooped the 2009 Chief Albert Luthuli Young Historians Award, and Ideline Akimana, a Grade 10 learner at Bridgetown High School in Athlone, came third.

Last year the award was won by Yumnah Jackson of Bridgetown High, who was also mentored by the centre.

The award, which is a Department of Education initiative, is an extension of the Bridging the Digital Divide programme which encourages learners to develop an understanding of the broad history of South Africa and the richness of the histories of their local communities through oral history research.

West's research was on local soc-



From left: Fairouz West, Nuraan Allie, Sibongile Cynthia Mtini and Adeline Akimana.

cer, focusing on the oldest club at Cape District Football Association, Spenton AFC, which is 105 years old and still going strong.

Her research looked at the early establishment of soccer in the Western Cape, how Spenton was formed, the establishment of Cape District, their early racial policy, the club's best years between 1950 and 1962, the challenges the club faced thereafter, as well as the coming 2010

World Cup.

Akimana's topic was refugees in South Africa. Being a refugee herself, her focus was on why they fled Burundi, their expectations of South Africa before they arrived, xenophobia, human rights and the relationship between locals and foreigners.

Both learners are among more than 1 000 learners who are benefiting from the Andrew W Mellon Foundation-funded programme, which strives to bridge the divide in education and information technology skills transfer.

"The programme concentrates on the generational and cultural divisions between apartheid survivors and their descendants and the IT skills divide between what is perceived to be a 'developing' country and first world technology," explained Nuraan Allie, schools liaison officer at the centre.

(Myolisi.gophe@uct.ac.za)

## Personal performance training wrapped up

With the October deadline looming for the finalisation of this year's performance reviews, now is the time to practise our newly-acquired skills, says deputy vice-chancellor Professor Thandabantu Nhlapo, chairperson of the Personal Performance System (PPS).

This follows the wrapping up of the PPS training workshops for staff and line managers, conducted over nine weeks and 149 sessions.

A total of 1 053 (55%) PASS staff in pay classes 5-12 attended the workshops. An additional 32 staff members in pay class 13, and 56 academic staff, also participated. In total, there were 1 141 attendees.

"The responses to the workshops were generally very good, with over 90% of the respondents rating them as satisfactory or above," said Nhlapo. "Resource materials were made available during the sessions, and these will assist staff and line managers to apply the PPS. These materials are available online, on the Staff and HR website link on the UCT home page."

Over half of UCT staff are now equipped with the resources and skills to utilise the PPS appropriately. Plans are already being made to run further workshops in the future to accommodate those who have not yet attended. **MF**

# Hugh Amoore, Registrar: 35 years and counting

Registrar Hugh Amoore shies away from any comparisons with Sir Humphrey Appleby, the snooty and long-serving permanent secretary in the 1980s British comedy *Yes, Minister*. Appleby views his boss as merely the latest in a long line, and just gets on with his job. Nothing in common, insists Amoore with a laugh. Other than, of course, that as one of the staff members who celebrated 35 years with UCT this year, Amoore's served as Registrar under a few bosses – Dr Stuart Saunders, Dr Mamphela Ramphele, Prof Njabulo S Ndebele, and now Dr Max Price. (He was also a student and held a few other administrative posts during Sir Richard Luyt's tenure.) In office since 1987, Amoore is UCT's longest-serving registrar. He's also known as a wellspring of institutional knowledge; there's just about nothing you can't ask him, said Price at the Long Service Awards presentation dinner. That was all the invitation we needed, so we posed a few questions of our own to get to know the man behind the office door.

## Tell us what a Registrar does.

One part of the Registrar's job is servicing and serving the organs of governance – Council, Senate, Convocation and the like. Another part relates to the academic administration, linking it to the traditional title of Registrar, the person who keeps a register. That is everything from admissions to graduation to student records.



## Do you ever get together with other South African registrars for chats or cocktails?

We do get together, yes, but we don't have cocktails – we work. There's a body that's called the Higher Education South Africa Registrars' Imbizo.

## How many staff in the Registrar's Office?

We have a staff complement of 49.

## To illustrate, what kinds of things did you have to deal with this morning?

Today's been a relatively quiet day. My first meeting this morning was on internal audits – from cash flow to internal controls. After that we had a meeting of the marketing and recruitment working group, which deals

with undergrad and postgrad recruitment. Then I had a meeting with the vice-chancellor on some property issues. And then you. In between I dealt with some emails and a memorandum on student discipline at residences following a meeting with wardens last night. I also had a meeting about UCT's PeopleSoft system and the need to introduce new programme codes for master's degrees.

## A mixed bag, then.

That's this morning.

## You have a reputation for knowing so much – little details no one else can recall – about UCT. How did this come about?

It's a combination of factors. The Registrar has either got to be the repository of institutional knowledge,

or has to be able to know where to get it because you are at the centre of administration. And I have been here for quite a long time – over time you pick these things up. I've also been in the fortunate position of having been involved in a lot of these activities, in many capacities. I got enmeshed in university business as a student, and I never got un-enmeshed. It interests me.

## You've heard the joke about the archaeologist who wakes a mummy who looks up and asks if Hugh Amoore is still registrar at UCT?

Yes, I've heard it. Actually, it was originally used of Danie Craven back in his rugby days. And you won't be using it in the article, of course.

## Of course. But what happens if you do leave UCT one day?

If I keel over tomorrow?

## Yes. Is there a succession plan in place?

I'm not going to go public on succession planning, it wouldn't be appropriate. If all goes well, I'll be here another six years. That's a long time, but also not. So, yes, succession plans are part of what one is thinking about.

## On a more personal note, tell us about the pens and the penmanship. You own a few nice pens – any ballpoint pens among them?

At my primary school, ballpoint pens were banned. I have a collection of pens and pencils I carry around with me, and there isn't a ballpoint pen in it.

## Any favourite brands? Parker?

(A look of disgust) I write with a Lamy.

## You have a permanent number – number one, right? – for completing the first ten Two Oceans Ultra Marathons. Any thoughts of doing a couple more?

(A hint of a smile) We'll see.

## Anything special you can tell us about the bow ties? How many do you have?

I don't know how many I've got. There's nothing special about them. I wear a tie to work every day – sometimes I wear a tie, sometimes I wear a bow tie. The bow ties are what people notice because they're different.

## Any special UCT memories?

It's difficult to isolate anything that's meaningful. We changed the UCT student number, which is now a model for other universities. Before it used to be just a number. And we changed the course numbers to what they are today, and many universities copied our system.

## I know you have a teenage daughter, but what else keeps you occupied outside of work?

I collect stamps. **MP**

## Big-time bandwidth bump-up for campus



Information Communication & Technology Services (ICTS) has announced a further increase in internet bandwidth for the university. Earlier this week UCT moved from 44Mbps to 84Mbps, resulting in improved access for most people on campus.

This comes after the switch was flipped on the Seacom undersea fibre-optic cable, which now links the East coast of Africa with the rest of the world. Despite delays caused primarily by pirates along that coast, the cable finally landed on local shores and was switched on in late July. It will provide high-capacity connectivity at a lower cost than the current link, and will be used to augment internet traffic to the region.

All South African higher education institutions purchased Seacom bandwidth ahead of time and are now beginning to see the return on their investment. The Tertiary Education Network, working on behalf of the higher education institutions, man-

aged to negotiate a better pricing deal, resulting in a substantial increase in bandwidth.

This most recent increase to UCT's bandwidth comes on top of other purchases made earlier this year by ICTS. This means that since the beginning of the year, UCT's bandwidth has increased by more than 100%.

This is the tip of the iceberg, though. The Meraka Institute is managing a project for the Department of Science and Technology to connect academic institutions to the South African Research network, which will facilitate access to even more of the bandwidth provided by the Seacom cable. **MP**

## Naming our landmarks

The Naming of Buildings Committee (NOBC) is responsible for identifying appropriate names for buildings, open spaces, lecture halls and rooms, and makes recommendations for these to Council. The NOBC is calling for proposals from the UCT Community for the naming of the following buildings:

- the proposed Observatory Square residence project;
- 5 Main Road, Mowbray, which will house ICTS;
- Shell Court in the Forest Hill Complex, which houses the Properties and Services Department;
- Mill Court, next to Shell Court, which will, among other functions, house the Administrative Archives;
- 2 Rhodes Avenue, which houses



- the Purchasing and Procurement Department, the Research and Innovation Office, and the Research, Contracts and Intellectual Property Services Office;
- Exair, which is to become student housing in 2010;
- the new Economics Building on the middle campus;
- the new Student Administration

- Building on the middle campus;
- the new all-weather-surface soccer complex on the old showgrounds site;
- the new gymnasium at the swimming pool area;
- the Commerce Building on the Hiddingh Campus;
- the Princess Christian Home; and
- the Edwin Hart Annexe to the PCH.

Fully motivated proposals should be submitted to the Registrar's Secretariat, Marius Lund, either by e-mail: [Marius.Lund@uct.ac.za](mailto:Marius.Lund@uct.ac.za) or by delivery to Room 144, Bremner Building, Lover's Walk, Rondebosch by no later than 31 October 2009.

For further information please call Marius Lund on 021 650 4004. **MP**

## So, what do YOU think of UCT Libraries?



UCT Libraries is conducting a campus-wide, internationally-benchmarked survey from 28 September to 16 October to measure and improve the quality of library services.

The survey is being conducted using LibQUAL+, a survey instrument developed by the US-based Association of Research Libraries (ARL) in conjunction with the Texas A&M University Libraries. As well as determining who uses libraries and why, LibQUAL+ calculates the perceptions and expectations of users around three categories, namely effect of service (how knowledgeable and helpful the librarians are, for instance); information control (the degree to which the library provides access to needed resources); and library as place (just how nice a haunt it is).

The survey is based on tools used widely in the service industry, and its findings have already spawned hundreds of scholarly articles.

After a previous survey in 2005, UCT Libraries responded to the results by initiating a major Carnegie-funded project to improve library support for researchers, by dramatically increasing

subscriptions to electronic journals, and by improving service delivery at service points, among other things.

"This is a great opportunity for UCT Libraries to highlight our services and our commitment to improving quality," says Joan Rapp, executive director of UCT Libraries. "The 2005 survey received one of the highest response rates (over 30%) of any participating institution in the world."

The survey is made up of 27 core questions, as well as a box for comments, which can be unpacked for nuances. It's based and completed on the web, and information is posted directly to ARL, who analyse the data.

The association then generates a warts-and-all report and scores of detailed charts. These will tell UCT Libraries just how it stacks up in general, and by different constituencies, such as undergraduates, postgraduates, and academics. The report will also highlight areas where the libraries do really well, and those where work will be required.

For more information and to participate in the survey, visit <http://www.lib.uct.ac.za/libqual/> **MP**

# African heritage project goes live on Wikipedia

A UCT team has gone live on Wikipedia with its heritage project. While it's not the group's online debut, thanks to the popular Wikipedia more people can now learn about their work and 'visit' some of Africa's most remarkable, but often uncharted, heritage sites



Moving forward: Ralph Schroeder, Christopher Held, Prof Heinz Rüther, Roshan Bhurtha and Stephen Wessels at work on the Musawwarat es-Sufra temple site in Sudan.

A glance at Emeritus Professor Heinz Rüther's wall diary tells you straight away that he travels a bit.

Tucked in between the local and national talks and meetings, there are – marked in bold red – 10- to 14-day stretches in Kenya, Mozambique, Sudan and Tanzania. And a little further afield, Kyoto.

The Africa-trotting is all in aid of the Zamani Project – the African Cultural Heritage Sites and Landscapes Database, conceived and run by Rüther from the School of Architecture, Planning and Geomatics. In short, the database holds spatial, geographic and photographic information – collected by Rüther and his four scientific officers via laser scanning, conventional surveys, GPS, traditional photography and photogrammetric imaging – of heritage sites and structures across the continent.

This information is then used to compile information-rich geographic information systems, faithful 3D computer models, maps and building plans of these hardly-seen sites.

"The idea was to create an integrated database of African heritage, where we take a holistic approach," says Rüther.

Among the project's eye-catching productions is a computer-generated video, found at the World Monument Fund's (WMF) website at [www.wmf.org](http://www.wmf.org), which allows the armchair traveller to take a virtual tour through the historic rock-hewn churches – each carved out of volcanic tuff – of Lalibela, Ethiopia.

"This is stuff most people have never seen," says Rüther proudly, as he plays the video.

The team is working on such educational eye-candy for all 25 sites it has visited in nine African

countries. These include the Musawwarat temple complex in Sudan, rock art sites in the Drakensberg here in South Africa, and the Great Mosque of Djenné in Mali.

Initially, the project had only research and educational objectives, explains Rüther. But, just as he had hoped, the database is now also being put to good use in conservation work, such as that of the WMF and the United Nations Educational, Scientific and Cultural Organisation



The team's laser scanner outside the St Sebastian fortress in Mozambique.

(UNESCO) at Lalibela, the UNESCO initiative on the St Sebastian fortress in Mozambique, and the Getty Conservation Institute's project in the Valley of the Queens in Luxor, Egypt.

Pleased though he is, Rüther has bigger aims for the project.

Beyond providing information – detailed and pretty as it is – he'd like the data to be used for actual site management, tourism planning and further conservation enterprises. And

to extend its reach beyond Africa, perhaps mapping the slave routes into the Americas and elsewhere.

But there's enough hard work ahead for him and his "brilliant and dedicated" team – Roshan Bhurtha, Christopher Held, Ralph Schroeder and Stephen Wessels. Thanks to funding from the Mellon Foundation, the team has at least six more sites to visit over the next three years. Rüther is hoping to source further funding to document additional sites.

The work is no walk in the park. Team members haul pricey equipment to remote locales and toil for long hours in often trying conditions, all the while negotiating their way through power problems, equipment failures, goggas, suspicious locals (the word 'laser' evokes all kinds of ideas in people's heads, notes Rüther), red tape, rapacious officials and, when their constitutions don't agree with the local cuisine, upset stomachs.

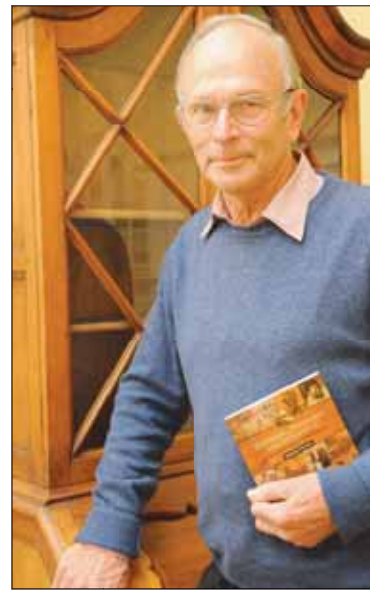
"It's hard sometimes," sums up Bhurtha.

And the labour's not done when they return to their cramped offices at UCT, which they share with student volunteers from Germany. Each on-site day demands five to 10 days of processing.

"We're very lucky that we get to go out to sites in some hard-to-reach places, collect the data and then get back to process the data," says Wessels. "For most people, it's either one or the other."

With the evergreen Rüther leading from the front – notwithstanding a bandaged toe he broke playing with his dog – for, he plans, at least another five or six years, there's plenty more good times ahead. (M.Morris@uct.ac.za)

## Pocket-sized trip into local history



Promised yourself you'd bone up on South African history, but you

find the sheer size of the tomes on the topic too frightening? Then pick up a copy of *Dinosaurs, Diamonds and Democracy: A short, short history of South Africa* by Francis Wilson, UCT emeritus professor of economics. On shelves now and a steal at under R140, *DD&D* is pretty comprehensive for its picture-packed, pocket-sized convenience. It kicks off 3.5 billion years ago (greenstone rocks in the Barberton Mountains preserve the fossilised remains of ancient bacteria and the earliest records of life) and ends with the 2009 elections. Covered in the concise 18 000 words are the Iron Age, the industrial revolution, apartheid, the advent of democracy, and everything in between. "I was trying to write a history that is relevant to all South Africans," says Wilson. **MP**

## Team's rural project rocks

Rural Rocks, a team of five post-graduate chemical engineering students, are the winners of the UCT round of the Sanlam inter-university Creativity for Progress Competition.

Sanlam introduced this competition last year to find practical solutions to the socio-economic challenges facing South Africa.

Five UCT teams competed on this year's theme, 'Rural areas are failing to retain and attract skilled people and graduates, resulting in economic stagnation. How would you remedy this?' The projects had to be practical, innovative and implementable, as well as deliverable on a shoe-string budget.

Rural Rocks looked to foster innovation through the efficient use of nutrients, and by closing the nutrient cycle through solid waste manage-



Rocking on: Rural Rocks are (from left, seated) Naadia van der Bergh, Mluleki Mnguni, Allison Kasozi, and (from left, standing) Doreen Nabaho and Bernelle Verster.

ment. They will do this by collaborating with research centres and government support structures, while remaining financially sustainable.

"It's only the beginning," said the team. **MP**

## Mediation process slow in South Africa - Rycroft



There has been little transformation in the South African dispute resolution system, and the process of pluralism has not taken root.

So said Professor Alan Rycroft in his inaugural lecture, *The Problem of Process Pluralism: Why are we resolving our disputes so badly?*

Recently appointed as the head of the Department of Commercial Law in the Faculty of Law, Rycroft said the process of negotiating, mediation and arbitration is largely confined to employment disputes.

"This prompts me to ask some uncomfortable questions: why have commercial lawyers been so slow in embracing commercial mediation and arbitration, and is the legal education contributing to producing graduates who are ill-prepared to resolve disputes?"

Rycroft gave a brief history of mediation – which some proponents say democratises the court process, as it encourages parties to decide

themselves the values that are most important. He said that in 1983 the Independent Mediation Service of South Africa was formed, and had helped to transform the public and state attitudes to mediation and arbitration.

Rycroft said the Commission for Conciliation, Mediation and Arbitration (CCMA) has had 13 years of "remarkable success", with a 62% success rate in conciliations in the past year, and only 150 of the 2 000 arbitration awards taken to the Labour Court for review being dismissed.

"By any standards, those statistics speak of a highly efficient and effective dispute resolution system," he noted.

The flip side of the coin is that it costs a lot of money and takes a long time to get cases through the civil courts. In addition, Rycroft remarked, there is a lack of capacity to deal with land disputes.

There are other problems. Provisions in legislation are often confusingly drafted. Often, there are no provisions to pay mediators, and there is a need to institutionalise and train panels.

Rycroft suggested that mediation education should be part of the legal curriculum, as legal practice itself was moving from trial advocacy to settlement advocacy. (For the podcast go to [www.uct.ac.za/news/lectures/inaugural/](http://www.uct.ac.za/news/lectures/inaugural/))

(Myolisi.Gophe@uct.ac.za)

# A day in a life of the Events Management Unit

The Events Management Unit, part of the Communication and Marketing Department headquartered at La Grotta on middle campus, is staffed by events manager Judy Smit, events co-ordinators Edwina Kannemeyer, Rosina van de Rheede and Ursula Ross, as well as Michelle Moses, an administrative assistant.

## What does the unit do on day-to-day basis?

From conceptualising and planning to organising and hands-on managing, the team is responsible for 90 or so events or functions that take place at UCT in any given year, entertaining about 24 000 people in the process. These could be as small as organising a welcome tea or as big as hosting heads of state. And their work is not just to stand around and direct guests; they must make sure that even the smallest detail of the event is attended to. The process often begins in December when Smit and other colleagues in her department meet the vice-chancellor to



It's in the detail: The Events Management Unit, (from left back) Rosina van de Rheede and Edwina Kannemeyer. (From left, front) Judy Smit, Michelle Moses and Ursula Ross.

discuss the events rolling list, based on annual and ad hoc events to be hosted the following year. Then she meets with co-ordinators to allocate events. That is when the real work starts.

## What are the challenges?

Every function has its own

challenges, and organisers need to think on their feet and find solutions quickly. They must do so showing a smiling happy face, regardless of how upset and stressed they are. What generally gives organisers a headache is the fact that UCT has few venues, some people share the same names, and guests often ignore

invitations until the last moment. "The success of any event is dependent on attendance," explains Van de Rheede. "There is a perception out there that we should know that invited guests will attend and, as a result, we spend a lot of time chasing guests to respond," Kannemeyer adds. On the day of the function it often happens that people who have not responded arrive anyway, and force organisers to shuffle guests around. The team also has to deal with a lot of egos, and often works with limited budget. "But we must plan to deliver the best function possible. People want good food, good wine and good sounds regardless of how much you have," says Ross. In addition, there is always a risk posed by conditions. "If it's raining or the wind is blowing you need to have a plan B."

## What are the highs and lows of the job?

"It is highly pressurised and deadline driven; every day is different and you must always think on

your feet. And the team works very long hours," explains Smit. No-shows can be devastating. Organisers are perfectionists, and the lack of acknowledgement is a low point. The perception is that event management is only about food and wine, forgetting that each event has its objective. But at the end of the day the work is exciting, and organisers tend to meet very high-profile people.

## What is the weirdest thing you've encountered?

Having 700 cases of wine stolen and watching food being finished in no time and guests demanding to sit on reserved seats because they happen to be friends with a top academic. But one that tops them all is when they invited someone and another person, who happened to share the same name and surname of the guest who was invited, turned up. "The person said he wondered why he was being invited to that function, and we wondered why he didn't ask," says Smit. "We just told him to have a drink and enjoy himself."

## Zoology team knits while they natter



Knit together: Staff and students of the Department of Zoology Department knit for charity during their morning tea break. (From left) Dr Coleen Moliney, Dr Cecile Reed, Meg Ledeboer, Ed Hill, Dr Deena Pillay, Petra Muller, Prof John Hoffmann (HOD), Kate Rademeyer, Tinyiko Maluleke, Charmaine Uys, Caitlin Smith and Dr Jacqueline Bishop.

Chats about the unpredictable Cape Town weather, the latest Springbok, Proteas or Bafana Bafana games during tea time at the Department of Zoology have been dumped for something more constructive.

Instead of spending the time chatting, students and staff, including support staff, cleaners and professors, have been knitting blankets and beanies for disadvantaged communities.

"I have been involved in community upliftment projects before and thought it would be a nice gesture to use the time we have for tea time to do something constructive to help those less fortunate," said the department's Caitlin Smith.

The initiative has not only helped poor people in the Sweet Home Farm informal settlement in Philippi

(where the goods were distributed via Warehouse, a non-government organisation), but has also brought the department together.

"This is also a nice community building project as we are all united in one common goal," Smith added.

So far, the department has finished 10 blankets (one double-bed blanket and several children's and single-bed blankets) and 40 beanies.

While some people are experienced knitters, others had no clue. But willingness to learn kept them going, and one staffer, who hadn't knitted at all, ended up knitting a blanket.

Smith has challenged members in her department, as well as the campus community, to donate wool or money for wool and needles.

(Myolisi.Gophe@uct.ac.za)

## "Face of Bremner" will long be remembered

The "face of Bremner Building", G4S Security employee Gerald Davids, died on 29 September following a heart attack.

Many staffers and students will remember Davids as the charismatic front-desk security man who endeared himself to all who passed through Bremner Building.

Staffer Jenny Boyes said: "What a breath of fresh air and kindness Gerald was to his colleagues in Bremner. I will always remember his lovely voice singing down the hallowed corridors of the exec!"

Her sentiments were echoed by colleague Anne Fereday. "Gerald was the heart and soul of Bremner Building. He always had a smile and a chirpy word of encouragement. He was a kind and good man, someone who I will miss more than words can say."



Bremner security front man, the late Gerald Davids: "sunshine on a cloudy day".

Colleague Denise Benjamin added: "Gerald was an absolute joy to each and every one who worked and passed through Bremner. I met Gerald when I started here in 2004 and he was more than just security. He was a true friend in the every sense of the word. He always had time to chat and cheer me (and others) up. He was the

'sunshine on a cloudy day'."

Administrative assistant Debbie Wedel said: "Gerald had a good rapport with staff members and visitors entering Bremner; and he simply loved the members of Council, and greeted each by name."

Davids joined G4S Security in 2000 and was deployed to UCT, at first as a patrol officer on upper campus. He was promoted to Burnage controller in 2002. In 2004 he was transferred to Bremner Building.

C4S deputy operations manager Bernard Soules said: "There are two words to describe Gerald: inspirational and motivational. And that's what he brought to our team."

Davids is survived by Colleen, his long-time partner who he married on 31 July this year, and children Shadley, Chandre, Cashe, Jerry-Lee, Jade and baby Jordan. **MF**



## LETTER TO THE EDITOR

UCT community urged to participate in email survey

All at UCT are rightly concerned about the instability, for many months now, of the UCT email system. The Email Review Working Group of the University Information Communication Technology Committee (UICTC) has decided to investigate the best long-term solution for email.

Sakkie Janse van Rensburg, Executive Director of ICT, acknowledges that problems with Novell GroupWise continue; though in the past few weeks, custom-developed patches and fixes have helped, and some measure of stability is returning to the system. But it is clear that a repaired GroupWise is only one of several possible long-term email solutions, and we are moving ahead to consider options such as:

1) To continue hosting our own email service, whether it be Novell's Groupwise, Microsoft's email solution or some other product;

2) To have an external provider provision email to UCT at a certain cost per mailbox, and manage the support requirements for this solution; and

3) To use increasingly available bandwidth via TENET to host our email on the 'cloud', i.e. have Google or Microsoft host our email on their servers, but retain our current email addresses.

A senior ICTS member will shortly visit institutions in the US to see how they provision email to students and staff, including the use of Google and Microsoft's 'cloud' solutions. Legal opinion will be needed in regard to issues related to intellectual property being hosted on

the 'cloud' and thus out of our direct control. The Email Review Group will consult various user forums about their needs and opinions. By March 2010 they will make a proposal to the UICTC on what is felt to be the best email solution for UCT.

Students, academics and PASS staff should think of what will serve them best, and participate in an upcoming online survey of email and calendaring requirements. Be assured that ICTS and UICTC are taking the email issue very seriously.

**Brandon Collier-Reed**  
Department of Mechanical Engineering

**David Aschman**  
Department of Physics

## EVENTS

**Beyond Reconciliation Conference:**

Dealing with the Aftermath of Mass Trauma & Political Violence Wednesday 02 – Sunday 06 December 2009  
Baxter Theatre & Kramer Building, UCT Middle Campus, Woollack Drive, Rondebosch Janet Sirmongpong. Tel: 021 406 6733. Fax: 021 448 6263  
Email: janet.sirmongpong@uct.ac.za

**Philosophy Department** Tuesday 20 October @ 20h00 Philosophy Society Meeting: Dr Elisa Galgut (Philosophy, UCT) Title: Do paintings resemble what they represent? Venue: Room LS1A, 1st floor, Robert Leslie Social Science Building Elizabeth Gubb. Tel: 0216503316. Fax: 0216505203

**African Centre for Cities Central City Citylab Seminar:** 28 October 2009 Time: 15h00-16h30 Speaker: Mokena Makeka Title: Transportation and Residential Densification, Perspectives from the Central City Venue: Davies Reading Room 2.27, Environmental and Geographical Science Building Maryam Waglay. Tel: 0216505903. Fax: 0216502032.

**ICTS Courses** Courses Offered During November: 02-04 – (AM) Web Publishing Starter • 02-04 – (PM) Access 2007 Level 3 • 09-11 – (AM) Groupwise 8 Level 1 • 09-13 – (PM) Computing • 10 1-12 – (AM) Groupwise 8 Intermediate • 18-20 – (AM) Web Design • 23-27 – (AM) Adobe Photoshop CS3 Level 2 • 23-27 – (PM) MS Project 2007 Level 1 • 30-03 – (AM) Excel Level 1 • 30-03 – (PM) Word Level 1 AM (9:00-12:00) / PM (13:30-16:30 To book, go to www.icts.uct.ac.za/Training/ICTS Training/ Course Booking Form.

**The Vice-Chancellor Dr. Max Price** has pleasure in inviting you to the Inaugural Lecture of Professor David Wardle. School of Languages and Literatures, Department of Classics, Faculty of Humanities on The Roman emperor as God and Man: an African biographer's perspective. Wednesday 14 October 2009 at 17h30, Lecture Theatre 1, Kramer Building, Stanley Road, Middle Campus, UCT. Guests to be seated by 17h15 Refreshments will be served after the lecture. Please RSVP to: Centre for Extra-Mural Studies Tel: 0216502888 Fax: 0216502893 E-mail: ems@uct.ac.za For more information: <http://www.uct.ac.za/calendar/events/inaugurals/>

**African Centre for Studies:** Brown Bag Event: 14 October 2009. Warren Smit and Mercy Brown-Luthango will report back on recent conferences attended. Warren will report back on the 8th Biennial Society of South African Geographers (SSAG) Conference, Centurion, 1-3 September 2009. Mercy will report back on the Sociological Association (ISA) – Research Committee 21 (RC 21) Conference in Sao Paulo, Brazil, 23-25 August 2009. The theme of the conference was "Inequality, Inclusion and a Sense of Belonging". Venue: Davies Room 2.27, Engeo Building at 13h00. No RSVP. Maryam Waglay. Tel: 0216505903. Fax: 0216502032. E-mail: maryam.waglay@uct.ac.za Web: <http://www.africancentreforcities.net>

**African Centre for Studies:** Citylab Philippi: 14 October 2009. Dr Janice Macmillan and Dr Sophie Oldfield will present on the theme: "Building

Community-University Research and Service Learning Partnerships". Venue: Davies Room 2.27, Engeo Building at 15h00. No RSVP. Maryam Waglay. Tel: 0216505903. Fax: 0216502032. E-mail: maryam.waglay@uct.ac.za Web: <http://www.africancentreforcities.net>

**The Vice-Chancellor Dr. Max Price** has pleasure in inviting you to the Inaugural Lecture of Professor Peter Dunsby. Department of Mathematics and Applied Mathematics, Faculty of Science on "Blunder or Brilliance? Was Einstein right about being wrong?". Wednesday 21 October 2009 at 17h30, Lecture Theatre 2D, Robert Leslie Social Science Building, University Avenue, Upper Campus, UCT. Guests to be seated by 17h15 Refreshments will be served after the lecture. Please RSVP to: Centre for Extra-Mural Studies Tel: 0216502888 Fax: 0216502893 E-mail: ems@uct.ac.za For more information: <http://www.uct.ac.za/calendar/events/inaugurals/>

## VACANT POSTS

**EXECUTIVE AND ACADEMIC POSTS:**

**Growing Leaders in Emergent Markets:** UCT GSB, closing date: 16 October 2009; Tel: 021 650 3003; Fiki.Nhliziyo@uct.ac.za

**Professor/Associate Professor:** African Gender Institute, closing date: 16 October 2009; Tel: 021 650 2192; Charlotte.Snyders@uct.ac.za

**Lecturer & Lecturer/Senior Lecturer:** Psychology; closing date: 9 October 2009; Tel: 021 650 2192; Charlotte.Snyders@uct.ac.za

**Associate Professor/Senior Lecturer/Lecturer:** Drama; closing date: 16 October 2009; Tel: 021 650 5405; Edith.Graham@uct.ac.za

**Professor/Associate Professor:** African Gender Institute, closing date: 16 October 2009; Tel: 021 650 2192; Charlotte.Snyders@uct.ac.za

**Donald Gordon Creative Arts Fellowships:** Humanities; closing date: 22 October 2009; Tel: 021 480 7142; fin-gipca@uct.ac.za

**Professor/Associate Professor & Head:** Medical Virology; closing date: 23 October 2009; Tel: 021 650 2192; Charlotte.Snyders@uct.ac.za

**Senior Lecturer:** Social Development, closing date: 23 October 2009; Tel: 021 650 3003; Fiki.Nhliziyo@uct.ac.za

**Biostatistician, Faculty of Health Sciences, closing date:** 21 October 2009; Tel: 021 406 6808; Zarina.Lee.uct.ac.za

**Lecturer,** Jazz Singing, SA College of Music, closing date: 23 October 2009; Tel: 021 650 5405; Edith.Graham@uct.ac.za

**Academic Development** Programme, Co-ordinator (Associate Professor/Senior Lecturer), Faculty of Humanities, closing date: 23 October 2009; 021 650 3003; Fiki.Nhliziyo@uct.ac.za

**Senior Specialist/Senior Lecturer** (3 Posts), Department of Medicine; closing date: 25 October 2009; Tel: 021 406 6209; Sharon.Wakefield@uct.ac.za

**RESEARCH, PROFESSIONAL, ADMINISTRATIVE AND SUPPORT POSTS (PASS)**

**Senior Secretary,** Department of Obstetrics and Gynaecology; closing

date: 9 October 2009; Tel: 021 404 6026/7/8; Marlize.Vienings@uct.ac.za

**Part Time Research Nurse,** The Division of Clinical Pharmacology; closing date: 10 October 2009; Tel: 021 406 6779; Marilyn.Solomons@uct.ac.za

**Legal Counsellor,** Office of the Registrar; closing date: 16 October 2009; Tel: 021 650 2192; Charlotte.Snyders@uct.ac.za

**POSTS FOR UCT STAFF ONLY:**

**Assistant Finance Officer:** EBE Finance Section; closing date: 5 October 2009; Tel: 021 650 4195; Billy.Daubenton@uct.ac.za

**Assistant Warden,** Forest Hill Residence; closing date: 6 October 2009; Tel: 021 650 5405; Edith.Graham@uct.ac.za

**Warden, Smuts Hall Residence;** closing date: 8 October 2009; Tel: 021 650 5405; Edith.Graham@uct.ac.za

All UCT vacancies can be viewed at: <http://www.uct.ac.za>, Click on "Vacancies".

## PROPERTY

**Mowbray (Upper):** Lovely Victoria Cottage, mt views, fully furn 4 bedrms (sleeps 5) secure parking R600 for cottage/night for 4 people additional charge for 5th person. Min. 5 nights. Available Dec/Jan only. Rates excl electricity. Contact: 0217123818.

**Rondebosch:** To let. Spacious one-bedroom flat opposite Baxter Theatre. Fully furnished. Ideal for visiting lecturer of PhD student. Contact: Di on 0217618809 or dkilpert@telkomsa.net

**Newlands:** 1-Bedroomed cottage, fully equipped. Non-smoking. R3000p/m. Contact: 0216714457.

**Spacious apartment** for time-out in McGregor: Private courtyard, big bedroom, bathroom and sunny study: R2000 pm and Loft accommodation for short stays with bedroom, bathroom, kitchenette & braai-deck with tree canopy R100 pp,pd. Contact Jo: 0236251688.

**Rondebosch:** Old Cape Farmhouse with 4 self-contained, furnished apartments (DSTV & broadband, beauty salon [www.revealbeautybar.co.za](http://www.revealbeautybar.co.za), fireplace, Jammie Shuttle on doorstep). Contact 0216851747 or e-mail ivydene@mweb.co.za or [www.ivydene.homestead.com](http://www.ivydene.homestead.com)

Rondebosch: To let. Spacious one-bedroom flat opposite Baxter Theatre. Fully furnished. Ideal for visiting lecturer or PhD student. Contact Di 0217618809 or dkilpert@telkomsa.net

**Khayelitsha:** Erf 19914 - No. 10 Victoria Mxenge, Mandela Park. 2 Bedrooms, lounge & diningroom, en suite & bathroom, outside secured. Price: Negotiable. Contact: Siviwe 0724843043 or Thembeke 0760404217.

**Woodstock:** 2 Bedroomed house in Salisbury Str, with garden. Dining room opens onto garden and can be used as a guest room. R6500 p/m including armed response. Contact: Manny 0834570808

**Mouille Point:** Beachfront apartment available to rent from 1 November 2009. Neat, spacious studio/bachelor flat. Pref non-smoker and no pets. Contact: Helen 0829602418 or helen.dallas@uct.ac.za

**St James:** Flat to rent. On side of

St James' mountain, fabulous view. R4100. Livingroom, bedroom, kitchen, bathroom and balcony. On-street parking and steps to climb. Contact: 0845568309

**Rondebosch:** Fully furnished, study, 3 bedrooms, 2 en suite + 1 separate bathroom, living room/kitchen, lounge, garden, pool, offstreet parking. Available 1 February-31 May. R10500 p/m. Contact: Robert 0216869709.

**Rosebank:** Flat close to UCT & Rosebank Station. Fully furnished, available for short of 1 year lease. Prefer Oct to Jan (4months) arrangement. Contact AK 0216503399 or 0761193570

**Claremont:** Fully-furnished 3-bedroomed house to rent from December 2009. Two bathroom, kitchen, pool, garden and carport. Close to transport & Main Road. Contact: gauri\_grs@yahoo.com

## FOR SALE

**For Sale:** White VW Chico. 1.4i 2002 model, 75 000kms. CD player and mag wheels. Reasonable body condition, very reliable engine. Full service history. R45 000 ono. Contact Natasha. Distiller@uct.ac.za

**For Sale:** 1998 Toyota Tazz 130. Excellent condition. 188000km. Full Toyota Service History. CD Player, Gearlock, Immobiliser and Anti-hijack. RWC. Price: R32500. Contact: 0722408400 or douglas.rowlings@uct.ac.za

**For Sale:** 20% discount at the Giant Book Sale from 19-24 October at Help the Rural Child Charity Bookshop, cnr. Main and Victoria Roads, Mowbray. Contact: 0216898392.

**For Sale:** Rosieres free standing gas stove (with electrical oven) R1300. Contact: 0216855838 (a/h).

**For Sale:** Kiln: 6,4cubic feet with IPCO300 controller, front loader 5 yrs old, very good condition, inside dimensions h690xw510xd520mm. R14500 onco new R23000. Contact: Marinella 0216835199 or 0834460496

**For Sale:** Sevilla (Music of Spain 11). Artist: James Grace. Price: R110 new still gift wrapped. Contact: 0216504739 or 07167750610216855838

## GENERAL

**Proofreading and language editing** of academic articles, theses and other texts. Contact: 0834831522 or Email: marindacilliers@yahoo.com

**Eagle Transcription & Translation Services,** Wynberg, Cape Town: Transcription of digital voice files, audio recordings, tapes, cd's, flashsticks on MS-Word: interviews, research, theses, etc. Guaranteed, strictly confidential. Contact: 0217611866 or 0848129386.

**Char:** Excellent char seeks work for one/two days a week, Mondays and Thursdays. Experienced and reliable, highly recommended. Contact: Nomawabo 08443793441 or Mastin 0216503821 for references.

**Clinical Psychologist:** Close to UCT (Main Rd entrance opposite Baxter Theatre). Adults, adolescents, children, couples, families. Contact: Clint Steenveld 0833333327 or 0216852612 or clintsteenveld@absamail.co.za or website:<http://>

clintsteenveldpsychologist.yolasite.com/

**Massage Treatments:** Relax, refresh, recharge. Swedish, Deep Tissue, Aromatherapy, Indian Head and Foot Zone. Contact: Bongzi 0743150816 or 0216850003 or bolufuta@yahoo.com

**Editing/Proofreader:** Editor/proofreader available for postgraduate theses, journal articles etc. Experience in academic publishing. CV/ references on request. Contact Dave 0828990452 or david.buchanan@telkomsa.net

**Housekeeper:** Excellent char, mature seeks for sleep-in/out good refs, reliable, honest, hardworker and trustworthy person. Contact: Mavis 0825463174 or 0732814908

**Domestic:** Glynis Adams worked for me for 20yrs as a wonderful child-minder and domestic. She is seeking work for three days a week after November. Contact: 0711362400 or Vanessa 0216502360 or 0217909597.

**Free Hearing Tests:** Our Students need volunteers to have their hearing tested every Thursday between 13h00-16h00. E47 Old Main Building, Groote Schuur Hospital. Contact: Nikki 0741544304

**Indexer:** Required to book (history/psychology). Contact: 0217885618 preferably before 10am or after 4pm.

**Adoption Support Group:** offered by Clinical Psychologist. Weekly sessions on Saturday mornings 08h30-10h00 in Newlands from 10 October. Contact: Jean 0846854839 or ct.adoption.support@gmail.com

**Nanny:** FT employment required for my wonderful Nanny who we sadly must let go. Reliable, excellent with children. Salary R2800 plus travel. Contact: Julie 0846137508

**Transport:** The lady bus, corporate and leisure transport. Safe, reliable and personalised transport. Contact Vanessa or Felicity at feva@telkomsa.net



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# Sports winner's tug of war

Much is often made of the tug of war between academia and sport that many aspiring (or just keen) sportspeople at university experience. But perhaps it's even more so in the case of Angus Morrison, named the Most Outstanding Student Leader in Sport at last week's UCT Student Leadership Awards.

It would be trite to say that Morrison, 23, has a busy schedule. "I run around a lot," he says.

Let's start with the demands of his master's studies in physics. Both theorist and experimentalist (there's cross-pollination with the Department of Chemical Engineering), he spends plenty of time in the labs at both UCT and the iThemba Laboratory for Accelerator-Based Sciences about 15km outside of Cape Town.

There are other academic demands, such as his duties as class

tutor, which come with marking responsibilities.

Then, of course, there's the sporting stuff. This year, for example, he's chairperson of the UCT Sports Union, the body that oversees student sport at the university.

Though he's a former treasurer of the Yacht Club, of which he remains a member, the UCT award was directed more at his involvement with the Mountain & Ski Club, however.

Morrison's been with the club for five years, serving as conservation convenor, huts convenor (they have a few that need tending to and management), treasurer and, this year, chairperson.

With 600 members, it's a sizeable club. What's more impressive, however, is its activity schedule.

The club incorporates hiking, kloofing, caving, bouldering, adven-

ture racing, conservation and, come winter, skiing. Not counting its longer trips – scaling Mount Stanley in the Democratic Republic of the Congo, for instance – hardly a weekend passes that the club doesn't have something going on.

That's not counting the spur-of-the-moment stuff when an inspired member rallies a flash mob to gallop up a hill somewhere.

For Morrison, the conflicting demands mean lots of give and take. He's missed out on some fun jaunts because he had to attend one physics meeting or another, but admits that sometimes the pull of the mountains trumps the books and symposiums.

"Up until this year, I hadn't missed a single weekend trip," he says.

The contest continues.  
(M.Morris@uct.ac.za)



Good sport: Angus Morrison (right) receives his Student Leadership Award from John Donald, manager of sport and recreation.

## Exercise: Fuelling weight loss or gain?



Couch potatoes of the world had a field day when a recent *Time* Magazine article suggested – perhaps more than suggested – that not only will exercise not make you lose weight, but it may actually help pack on the pounds.

The 9 August article, *Why Exercise Won't Make You Thin*, explained that the problem lay with "compensation", people tucking into kilojoule-packed muffins and pizzas as just desserts for a run or an hour at the gym, or because their appetites are jacked up. Also, people tend to cut out spontaneous activity – they'll take

Thin line: Dr Julia Goedecke and Dr Ross Tucker have taken issue with a recent *Time* Magazine article that said that exercise would lead to weight gain.

the lift rather than the stairs – once they've spent an hour in the morning on the Stairmaster.

As evidence, the article cited, in particular, a study with 464 overweight women, published by Dr Timothy Church in the open-access journal *PLoS ONE* of the Public Library of Science, that showed that the women who exercised – they were on different regimes – lost no more weight than those who didn't.

Among those to take issue with the *Time* article are sports scientist Dr Ross Tucker and specialist scientist Dr Julia Goedecke, both affiliated with the Medical Research Council/UCT Research Unit for Exercise Science and Sports Medicine. At a recent seminar they pin the blame for the article's findings on either flawed or misrepresented studies.

Church's study, for example, was designed to monitor the effects of exercise on blood pressure and stress on postmenopausal women, and so had little to say about exercise regimes aimed at weight loss. Also, the exercise prescribed in other studies quoted in the article was either not monitored or was barely enough to make subjects break a sweat.

Given that those who exercise pick up muscle mass as well, gauging overall health by the bathroom scale may be misleading, explained the scientists.

But other studies have shown clearly, Goedecke added, that weight loss by exercise alone is possible. These exercise-intensive studies are, however, hamstrung by high dropout rates, suggesting that adherence – for those in studies and everyone else – is critical.

"Be patient," suggested Tucker. "It's amazing how many people, I suspect, stop just before the going gets good."

For those who worry that exercise will simply trigger eating fits, studies have shown vigorous exercise in fact dampens post-exercise appetite. As for the compensation effect, yes, it is indeed common, said Goedecke.

"But this can be easily overcome and is all a choice about what we do in our lives."

The solution is commonsensical, agreed Goedecke and Tucker.

"Diet and exercise are generally more beneficial for long-term weight loss than diet alone," explained Goedecke.

Just stick to both.  
(M.Morris@uct.ac.za)

## Shed weight and light on your state of health

Dr Julia Goedecke, specialist scientist at the Medical Research Council/UCT Research Unit for Exercise Science and Sports Medicine, is looking for volunteers for her study on the mechanisms that underlie insulin resistance in South African women. She hopes to understand why certain women may be at higher risk for developing type 2 diabetes than others.

You can participate in the trial if you fulfil all the criteria listed below:

- Black isiXhosa-speaking South African woman or white South African woman
- Professional (teacher, clerk, nurse, admin assistant, etc.)
- 30-45 years of age
- Obese: Body mass index (BMI) >30kg/m<sup>2</sup>. (BMI= weight (kg)/[height (m) x height(m)])
- Have normal monthly menstrual cycle
- No known disease and not taking any medication
- Not currently pregnant or breast-feeding
- No previous diagnosis of hepatitis or liver damage

- Drink less than 10 alcoholic drinks per week
- Body weight hasn't changed by more than 2kg in the past 3-6 months.

Before you are officially enrolled in the study, you will be required to undergo testing (about 30 minutes) to verify that you meet the inclusion criteria of the study.

Procedures and benefits:

- You will be asked to complete five testing sessions to obtain the following health information, valued at approximately R2 500!
- Body composition (body fat, muscle mass, bone density)
- Dietary analysis
- Physical activity
- Blood pressure
- Lipid profile liver function
- Liver and muscle fat content
- Risk for type 2 diabetes

In addition, you will receive compensation for your time and inconvenience (R1 300 on a pro rata basis), as well as receiving two months free membership at the Fitness Centre of the Sports Science Institute of South Africa in Newlands.



If you are interested in taking part in the study and would like additional information, please contact:

**Hendriena Victor**  
Tel: 021 650 4563  
Email: hendriena.victor@uct.ac.za

**Dr Julia Goedecke**  
Tel: 021 650 4573 / 082 8255 616  
Email: julia.goedecke@uct.ac.za

## 31st staging of Medical 10 race

This year's Medical 10 Fun Run and Walk will take place on Sunday 6 December, at the Western Province Cricket Club Sports Complex off Keurboom Road, Newlands.

The event is a 10-kilometre run for qualified health professionals, including nurses and paramedics, around Rondebosch Common and Keurboom Park. This year the race will include, for the first time, a designated category for walkers.

The Medical 10 is one of the few handicap events staged in the Cape, with half a minute allowed for each year of age over 40. The walkers and the oldest runner start at 06h30, with a cut-off of 90 minutes.

The race was launched in 1978 to allow medical professionals to show their patients that, when it comes to healthy lifestyle options, they practise what they preach.

Last year there were 236 entrants, 20 of whom had also taken part in the inaugural event in 1978. Each of the 20 received a pair of wine glasses.



Return fare: 19 of the 20 medical practitioners who did both the 1978 and the 2008 staging of the Medical 10 Fun Run.

Thanks to sponsorships and entry fees, race organisers donated over R44 000 to Victoria Hospital last year. This will be used to replace the broken treadmill used for the hospital's cardiac assessments.

Entry forms will be available in October from Life Healthcare hospitals in the Western Cape – Kingsbury, Claremont, Vincent Palotti, and West Coast – or at [www.lifehealthcare.co.za](http://www.lifehealthcare.co.za). Enquiries can be made to Mathilda Mallinson 021 402 1502 or [mathilda.mallinson@lifehealthcare.co.za](mailto:mathilda.mallinson@lifehealthcare.co.za). **MP**