

USE THE ROAD TO HEALTH BOOK

It's children's passport to good health

The road to health book is a powerful tool for:

- ✓ promoting children's optimal development,
- ✓ keeping a record of children's health and medical treatment, and
- ✓ enhancing the continuity of care.

So help us join the dots, and make sure children don't fall through the cracks.

I pledge to:

- Consult** the road to health book
- Check** that immunisations are up-to-date
- Plot** the child's weight and height
- Record** the child's developmental progress
- Promote** good health, hygiene and nutrition
- Promote** breastfeeding
- Discuss** the child's health, growth and developmental progress
- Ask** the caregiver if she or he has any questions or concerns
- Record** any treatment or referrals
- Write** the date of the next visit



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