



# Presents a **WELLNESS DRIVE**

**VENUE: UCT Upper Campus, Richard Luyt & Plaza**

**DATE: 25 - 26 Aug 2022 (Upper Campus),**

**TIME: 09h00 - 15h30**

**27 Aug 2022 (Fun walk/run for mental health) - UCT Rugby fields**

**TIME: 09h00 - 12h00**

To register, please click here or follow the link below:

<https://forms.office.com/r/msjCEDpdf>

JOIN US

The Student Wellness Service (SWS) Wellness Drive is taking place at the UCT Upper Campus, Richard Luyt & Plaza.

Along with the exhibits of a variety of internal and external stakeholders, the SWS team is raising awareness on **Health and Wellbeing** and providing the following health screenings:

Spec-Savers - **FREE EYE SCREENING!!**

Blissful Wellness: **Free Swedish Neck & Shoulder Massage!!**

TB HIV Care: HIV Counseling and Testing, PrEP, and Sex

Education, Health Screening

Traditional Healers Desk

Marie Stopes: Women's Health

Zoie Health: Women's Health

St John: Health screening

Mosaic: Abuse and GBV Support

Student Wellness Service: Info Desks

ICAS Desk

Office of Inclusivity and Change

Cape Mental Health, SADAG

Zone fitness  
and **many more.**

For Enquiries,  
Contact

Student Wellness Service Practice Manager:

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**DON'T  
MISS OUT!**

