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Webinar: Are food companies doing enough to support healthier diets in SA?

12 February 2026 | 11:00-12:00 SAST | Microsoft Teams | [Register](#)

The University of Cape Town (UCT), in collaboration with the South African Medical Research Council, the University of the Western Cape and LMU Munich (Germany), will host a webinar to share the results of a study assessing and benchmarking voluntary commitments and practices of the food industry to support healthy food environments and improve population nutrition, covering 29 food companies operating in South Africa.

South Africa faces high prevalences of both under- and overnutrition. A major driver of this double burden of malnutrition is the food environment dominated by the supply and marketing of unhealthy foods. Actions from the government, the food industry and the broader community all shape the healthiness of food environments.

Associate Professor Peter Delobelle, co-author of the study and chief research officer at UCT's Chronic Diseases Initiative for Africa, said the results of the study are important given the significant role of the food industry in providing both nutritious and less nutritious food.

"The food industry is an essential component of our food system and plays an important role in both shaping and addressing the double burden of malnutrition," he said.

The study, conducted from 2024 to 2025, was part of the FoodSAMSA project, which aimed to address the growing double burden of malnutrition in South Africa.

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