

Communication and Marketing Department Isebe IoThungelwano neNtengiso Kommunikasie en Bemarkingsdepartement

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**3 October 2018** 

### **Media Invitation**

# UCT hosts roundtable discussion with a focus on young people and mental health

10 October 2018 | 10h00-12h00 | UCT Lung Institute, George Street, Mowbray, UCT

The University of Cape Town's Alan J Flisher Centre for Public Mental Health (CPMH) invites you to a roundtable discussion on World Mental Health Day, Wednesday 10 October 2018, at the UCT Lung Institute, George Street, Mowbray. The speakers and the discussion will focus on the mental health and mental healthcare of children and adolescents in South Africa.

The event, titled: "Young people and mental health in a changing world" is one of the structured social responsiveness initiatives organized and hosted by UCT's Department of Psychiatry & Mental Health.

#### **Speakers**

- Bonnie Mbuli: Actress, TV and radio host, and author of Eyebags & Dimples
- Dr Jason Bantjes: Lecturer & researcher, Department of Psychology, Stellenbosch University
- Dr Sarah Skeen: Researcher & Programme Director, Department of Psychology Stellenbosch University
- **Dr Tara Carney**: Specialist Scientist, Alcohol Tobacco & Other Drug Research Unit, South African Medical Research Council
- **Prof Katherine Sorsdahl**: Co-Director Alan J Flisher Centre for Public Mental Health, University of Cape Town
- Prof Ashraf Kagee: Co-Director Alan J Flisher Centre for Public Mental Health, Stellenbosch University

For media RSVPs please visit

For more information about the event visit www.cpmh.org.za/wmhd

## Issued by: UCT Communication and Marketing Department

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